Dear parents and carers,

I am currently away at the annual Principals’ Retreat being facilitated by Archbishop Christopher Prowse. All principals from our Archdiocese gather at this time each year to reflect on our own spirituality and on the important work we have been called to do. It is a privilege to be leading our school and I take my role very seriously, acknowledging the assistance and guidance I need to fulfil my role. Your on-going support and that of the staff is very much appreciated. Caz Perryman is leading in my absence. I appreciate this opportunity for renewal and thank Caz for stepping in to allow me this time.

CATHOLIC SCHOOLS WEEK
Catholic Schools Week begins next Sunday. This week is intended to celebrate the many great things that happen at our Catholic schools and to highlight the important contribution our schools have made over many years. To mark CSW at our school, our student leaders will spend next Monday with Lorin Nicholson hearing about his inspiring life and his message about leadership. All parents are very welcome to join us in the hall at 2:00 pm for Lorin’s final session.

PARENTS AS TUTORS
Thank you to Carolyn McFarland, Luke Donnelley, Zoe Cawdron and Ellie Palmer for talking with parents this morning about how to assist their child in learning to read. Research strongly supports the theory that consistency between school and home is necessary for students to be successful beginning readers. Thanks to the parents who were able to join them.

CONTACT DETAILS
Parents have been asked to complete a form with their contact details if they would like to be included on this year’s Class Contact list. Parent Contacts need consent from parents for 2016 to include them when sending emails etc. Due to privacy laws we can’t use details from parents for 2016 to include them when sending emails etc. Provide a well-balanced and nourishing diet for the children.

SUPERVISION
Morning supervision begins at 8.20am. No children are to be left unsupervised before then. Playground equipment is out of bounds unless there is a teacher supervising.

UNIFORM SHOP
Wednesday 2:45-3:15pm
Friday 8:45-9:15am

A Parish Mass is held in the church every Sunday at 9:00am.
6:00pm Saturday Vigil is also held in the church.
9.00am Weekday Mass is held in the church.
Parish Priest
Father Kennedy
Phone 6247 7070

PRAYERS PLEASE
Please remember the Giucci family in your prayers. Joshua, 1 Teal, lost his grandfather this week. We pray for the immediate and extended family at this difficult time.

COMING EVENTS
- 4 Mar, Foundation & Year 1 Water Play, Years 2 – 6 Swimming Carnival
- 7 Mar, School Counsellor, 2:00 Parents to student leadership session, 5:30 – 6:30 Parent Workshop – Numeracy
- 9 Mar, 7:00 P & F
- 14 Mar, Canberra Day holiday
- 17 & 18 Mar, Years 5 & 6 Camp
- 17 & 18 Mar, large items donations for Fete to Parish Centre
- 18 Mar, 9:00 St Joseph’s Feast Day Mass
- 19 Mar, 11:30 Sesquicentenary Mass, 3:00 – 7:00 St Joseph’s Fete

Thanks everyone for all that you do.

Sue Dempsey
Principal
**TEACHING AND LEARNING**

The staff at St Joseph’s recently participated in further Professional Learning on KidsMatter Primary. As mentioned last year, KidsMatter Primary is a mental health and wellbeing framework for Primary Schools and is proven to make a positive difference to the lives of Australian children.

KidsMatter Primary provides the proven methods, tools and support to help schools work with parents and carers, health services and the wider community, to nurture happy, balanced kids.

Last week staff received information on ‘Social and emotional learning’ for students. Social and emotional learning is about developing the ability to care for others, make responsible decisions, establish positive relationships, and handle challenging situations. (Collaborative for Academic, Social, and Emotional Learning, 2003)

As a school, we looked at the best ways of teaching social and emotional skills for all students. There are a plethora of ways we achieve this: Whole School Focus, Seeds of Growth, Bounce Back, Protective Behaviours, School Wide Positive and Behaviour Management program.

KidsMatter provides the opportunity for all school staff to have:

- a shared understanding of why mental health and wellbeing is important
- a common language for talking about it
- a shared focus on planning for improvement both within and out of the classroom
- the information needed for selecting the most appropriate social and emotional learning program for our context.

Megan Lovering  
Coordinator

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**RELIGIOUS EDUCATION**

**Project Compassion**

Today we have counted the money that has been placed into the Project Compassion boxes so far. Our running total is $290.90 which is a wonderful start. Please continue to provide your child with money to place in their class box. We would also invite our parents to participate in almsgiving by placing money into the collection boxes at the front office of the School and ELC.

**Corporeal Works of Mercy: Vinnies**

On our staff spirituality day we had three teams of staff commit a corporeal work of mercy at Vinnies clothing stores in Dickson, Mitchell and Belconnen. Staff learnt about the processes involved in volunteering at the Vinnies clothing stores and spent time cleaning shelves, sorting through bags of clothes and itemising toys for sale. The staff learnt that donations are sorted into items suitable for resale, items to be sent to third world countries for use and items that cannot be used and are taken to landfill. Vinnies pay $100,000’s to dispose of dumped items and items that cannot be sold or donated each year. Going through the bags that had been donated was a reminder to our staff and to our community to donate responsibly to Vinnies, ensure they are clothes that you would wear or give to a family member or friend. To volunteer at a Vinnies store go to: [https://www.vinnies.org.au/page/Get_Involved/Become_a_volunteer/ACT/Volunteering_at_Vinnies/](https://www.vinnies.org.au/page/Get_Involved/Become_a_volunteer/ACT/Volunteering_at_Vinnies/)

Yours in Christ,

Luke Donnelly  
Religious Education Coordinator  
luke.donnelly@cg.catholic.edu.au
Happy Birthday
This week to:

Grace B
Aidan M
Stella A-N
Codie B-W
Jack J
Nam N

Merit Awards - Week 5 Term 1
Congratulations to the following students who will receive an award tomorrow for:

Using the Seed of Being during our classroom community conversation

Foundation Red: Jake H, Nathan N
Foundation White: Nate R, Alyssa S
Year 1 Silver: Jeremy S, Mia R
Year 1 Teal: Erika A, Elise M
MAC Magenta: Drina K, Eshaan E
MAC Purple: Oliver P, Cameron J
MAC Yellow: Chloe F, Lachlan McG
Year 4 Orange: Scarlett W, Nathan H
Year 5 Lime: Harry O’C, Taylah S
Year 6 Blue: Stephanie F, Emil H

For tickets please contact Asanthi on 0401 957 234

Teeball/Softball

There will be training for Joeys Red on Friday at 4pm.

Teeball and Softball games will conclude Saturday 19 March, 2016.

No games will be held on the Canberra Day Long Weekend.

Please ensure you have the Skoolbag App to access notifications.

For further information please contact Mrs McFarland carolyn.mcfarland@cg.catholic.edu.au
CANTEEN NEWS

FROZEN JUICE CUPS: The children really love the frozen juice cups but they do take some time to finish. Can you please remind your children to come straight to the canteen to purchase their juice cups to avoid disappointment as we stop selling them at 1:30pm.

SMOOTHIES: The canteen has been trialling the sale of smoothies and they are a huge hit. For this term only whilst we are trialling them we have been selling them at $1.50 and will continue to do so for the rest of the term. As of next term they will be $2.00.

ALLERGY: Does your child have allergies? Please fill out/update allergy forms and give a copy to the canteen as soon as possible. It is extremely important that the canteen is aware of all allergies no matter how mild.

THE CANTEEN NEEDS YOUR SUPPORT: To show your support and to help keep our Canteen open, please consider giving your child a lunch order once a week or some loose change to buy a treat over-the-counter for either first or second break. Without your support we cannot remain open.

There are still shifts available; so if you would like to help please let me know.

Jackie – Canteen Manager
E: sjosephscanteen@gmail.com

CANTEEN ROSTER WEEK 5
09/03/2016 to 11/03/2016

Wednesday 09/03/2016
AM – Jonathan Pickering
PM – Help needed

Friday 11/03/2016
AM & PM – Marie Pickett
AM & PM – Wanda Kaucz

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Parents and Carers are invited to Bringing Up Great Kids—a parenting program developed by the Australian Childhood Foundation for Parents and Carers of children aged 2—10 years. This course will give you insights and skills needed to:
- Promote positive and nurturing relationships between parents and children
- Explore the management of stress in your parenting role
- Encourage the development of your child’s positive self-identity
- Develop the ability to contain strong emotions and to think through the responses to your child, rather than trigger reactive reactions
- Overcome some of the obstacles that are getting in the way of being the kind of parent you would like to be
- Create opportunities for positive exchanges with your children.

The course is offered 3 hours per week over a 4 week period.
DATES: 25th Feb, 4th, 11th & 18th March
TIME: 6:30pm—9pm
VENUE: 55 Wills Street, Red Hill
FEE: $100 [Concessions available]
This includes light supper & course materials

Bookings Essential
Contact 0192 01100

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DRAMA CLASSES AT ST JOSEPH’S SCHOOL

Dear Parents,

If you wish for your child to attend Drama and Speech classes, I offer a free trial. If you decide not to continue, there is no charge.

Please contact me on 02 6255 9054 by leaving a message on my answering machine.

Thank you.

Elizabeth McIntosh

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The Program is called The Resourceful Adolescents Program for Parents (RfAP – PJ). This program is suitable for parents and carers of children attending primary school years 5 & 6 and secondary school students attending years 7—12.

RfAP – PJ will help you:
- Help your teenager to develop a healthy self-esteem
- Help your teenager to gain independence while still feeling safe and part of the family
- Manage your stress so you can do your best job as a parent
- Prevent and manage conflict with your teenager
- Promote learning in your family

The course is offered 2 hours per week over a 3 week period.
DATES: 25th Mar, 1st April & 14th April
TIME: 6:30pm—9pm
VENUE: 55 Wills Street, Red Hill
FEE: $50 [Concessions available]
This includes light supper & course materials

Bookings Essential
Contact 6102 01100
"The greatest mountain we climb in life, is the mountain inside ourselves"
Lorin Nicholson

Over 1,400 schools and 1 million students around Australia have experienced Lorin Nicholson’s life changing workshops and motivational performances

On Monday 7 March 2016

Lorin will be at St Joseph’s working with our 5/6 student leaders

His unique perspective helps students build greater:

- respect
- resilience
- initiative
- problem solving
- optimism
- leadership
- and much, much more

Please join us on Monday 7 March from 2pm to listen to the final part of Lorin’s message. It will be worth it!..